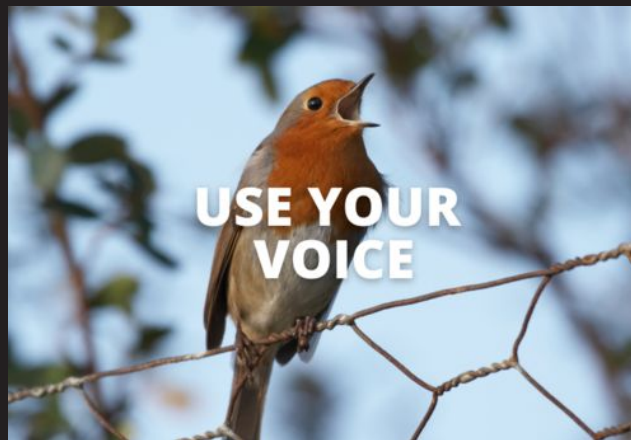
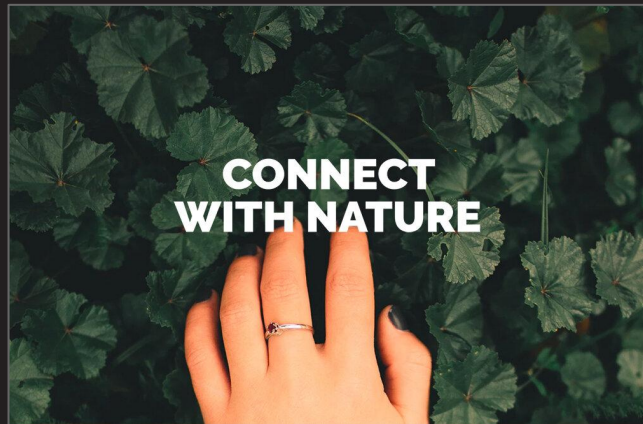


take action 2022

<https://www.oneearthfilmfest.org/take-action-for-the-planet>



Connect with Nature

Look for animal tracks in the muddy ground in spring. What will you find?

Enjoy plant foods. How about an apple for a snack?

Take a walk or play a game outside.

Plant a tree or a bush. Plant flowers.

Clean up a park or forest preserve.

Live Lightly on the Earth

The Short Story of a Fox and a Mouse - Eat a variety of foods and eat what you actually need to eat.

Hopper's Day - Don't waste the water you have. You can stop wasting it by using it for things that you really need. Like watering plants, using it for brushing teeth and cooking.

Blackout - Balance the use of electricity and only use what you need.

Communicate and Learn

Invite your family to the library and read about animals.

Celebrate Earth Day at home, at school, with friends

ADULTS, JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up:
oneearthfilmfest.org

Use Your Voice

Speak up- Tell family and friends about what is important to you.

Say good morning to the birds in your neighborhood :)

Connect with Nature

Chicago Park District- Help **restore green spaces** to help cool the city. [natural-areas-community-stewardship-days](#)

Chicago Park District- - Develop a new **reciprocal relationship with nature** [north-park-village-nature-center-park](#)

Observe and Take Action "Look outside your window." A great site to begin your journey in science is [scistarter.org](#)

Check out [openlands.org](#) and get involved.

Live Lightly on the Earth

Reduce your carbon footprint

Learn about **climate justice** issues locally and globally and get involved with others who care about climate justice

Clean up a contaminated site

DRAWDOWN carbon by protecting and restoring ecosystems [drawdown.org/sectors/land-sinks](#) and through [Indigenous Peoples' Forest Tenure](#)

Communicate, Learn & Advocate

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: [oneearthfilmfest.org](#)

JOIN or establish a network to support vulnerable populations on extreme heat days; check with consulates & in senior centers

SHARE your priorities for the 2022 Chicago Climate Action Plan. Visit [chicago.gov/climateactionplan](#) for ways to get involved.

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Learn where your elected officials stand on key environmental justice issues: [scorecard.lcv.org/](#)

- Stand in solidarity and mutuality with local indigenous leaders
- Help pass climate justice policies
- Pass policies to protect your local environment

Support invest and divest, donate, sponsor

Connect with Nature

Find and join community efforts to build climate resilience to prepare for new climate conditions, reduce emissions of greenhouse gases, and address issues of social equity. [toolkit.climate.gov/steps-to-resilience/steps-resilience-over-view](https://www.toolkit.climate.gov/steps-to-resilience/steps-resilience-over-view)

Get out in nature and learn about the ways your local ecosystem is being impacted by climate change.

Live Lightly on the Earth

Increase landscape and biological diversity

Maintain and improve the resilience of watersheds and aquatic ecosystems

Reduce the use of fossil fuels and transition to renewable energy [wilderness.org](https://www.wilderness.org)

DRAWDOWN carbon by protecting and restoring ecosystems drawdown.org/sectors/land-sinks and through [Indigenous Peoples' Forest Tenure](#)

Communicate and Learn

LEARN ABOUT interactions between climate, fire, and vegetation, and their consequences [usda.gov/ccrc/topics/wildfire](https://www.usda.gov/ccrc/topics/wildfire)

CONNECT to the Environmental Law & Policy Center to learn about climate change impacts on the Great Lakes through the the Great Lakes Climate Change Report elpc.org/resources/the-impacts-of-climate-change-on-the-great-lakes

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: [oneearthfilmfest.org](https://www.oneearthfilmfest.org)

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Support candidates who are behind climate resilience policies. [wilderness.org/get-involved/join-our-movement/contact-your-congress-members](https://www.wilderness.org/get-involved/join-our-movement/contact-your-congress-members)

Support invest and divest, donate, sponsor

Invest in restoration work that helps make forest more resilient to climate change and heightened fire risk [wilderness.org](https://www.wilderness.org)

Connect with Nature

From our filmmaker: **Create Habitat for pollinators**. Plant a garden or window box (even a small effort makes a difference) and looks good too. thepollinators.net/take-action

Plant natives plant-lists/pollinator-plants-midwest-region

Grow a variety of Flowers and Trees Beewithme.net
Westsidebeeboyz.com

Become a beekeeper! Plant a community garden. Reduce lawn/add more pollinator plants homegrownnationalpark

Live Lightly on the Earth

From our filmmaker: **Don't spray pesticides, herbicides and fungicides**. They can kill beneficial insects as well as pests. Restrict the use of pesticides and herbicides at your home or in your neighborhoods, especially at schools and parks. Pesticide Action Network panna.org Natural Resources Defense Council nrdc.org

Build local food economies.

DRAWDOWN carbon by protecting and restoring ecosystems
drawdown.org/sectors/land-sinks

Communicate and Learn

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

LEARN from organizations working for pollinator health thepollinators.net/take-action and native plants Xerces Society xerces or take a class on Permaculture Design: Contact Annamaria at Permaculture Chicago Teaching Institute

TAKE PART in the Field Museum's Monarch Community Science Project: monarch-community-science-fieldmuseum.hub.arcgis

Use Your Voice

From our filmmaker: **Buy local!** Buy local honey, support your local beekeepers, shop at farmers markets.

Westside Bee Boyz westsidebeeboyz

Permaculture Institute of Chicago permacultureinstituteofchicago

Support local nurseries:

Homan Grown L3C- North Lawndale, Chicago - call in May

Possibility Place possibilityplace

Christy Webber Farm & Garden cwfn

City Grange Citygrange

Connect with Nature

VISIT Plan a visit to explore the aquatic animal world at Shedd Aquarium. Come face-to-face with our giant Pacific Octopus and several other ambassadors for our waterways.

sheddaquarium.org/plan-a-visit

EXPLORE STEM (Science, Technology, Engineering and Mathematics) identity through marine science and conservation, and SCUBA diving. blackgirlsdivefoundation.org

Live Lightly on the Earth

Use reusable bottles, bags, and utensils #breakfreefromplastic
https://www.breakfreefromplastic.org/custom-posts/page/2/?bfpf_post_type=toolkits

Demand that companies reduce plastic packaging

Participate in a river/lake/ocean cleanup project

DRAWDOWN carbon by [coastal-wetland-protection](#),
[coastal-wetland-restoration](#)

Communicate and Learn

Get exclusive email newsletters to get tangible and timely ways to act and advocate for our blue planet with Surge. It's a free opportunity to connect with our Earth-friendly community and to learn how to make a difference for animals with small changes.

sheddaquarium.org/surge

LEARN MORE hpbs.org/wnet/nature

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Support government initiatives to ban single use plastic [Plastic Pollution Coalition- Legislative Action Toolkit](#)

Support invest and divest donate sponsor
Black Girls Dive Foundation blackgirlsdivefoundation.org

Connect with Nature

Be with nature!

Go outside

Become a champion of people and places too precious to pollute
earthworks.org/issues/oil_and_gas_health_effects

Visit or learn about beautiful places and communities impacted by industry- [Voices for Biodiversity](#) shares the stories of eco-reporters around the world

Live Lightly on the Earth

Protect our ecosystem - reduce your waste, reuse when you can, and recycle when possible. Table to Table tabletotable.org

Do Good! Volunteer at various community organizations and stay updated on opportunities with Vocalo: vocalo.org/together

Improve society — fostering equality for all

DRAWDOWN carbon through [indigenous-peoples-forest-tenure](#), [forest-protection](#), [grassland-protection](#), [recycling](#) and drawdown.org/solutions/health-and-education

Communicate and Learn

LEARN where your garbage goes and see if it polluting the environment. EPA'S Environmental Justice Screening And Mapping Tool epa.gov/ejscreen

Stay informed about policy issues, local environment news and the latest the region with trusted news sources like WBEZ Chicago daily newsletter: wbez.org/newsletter

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

Support local organizations like the Ironbound Community Corporation ironboundcc.org/advocacy/the-sacrifice-zone-a-documentary

Contact your elected officials Southeast Environmental Task Force setaskforce.org

Philly Thrive organizes around communication circle and action circle Phillythrive.org

Connect with Nature

Be with nature!

Go outside

Help Plant Trees: [info.ecosia.org](https://www.info.ecosia.org) onetreepanted.org
[nature.org/en-us/get-involved/how-to-help/plant-a-billion](https://www.nature.org/en-us/get-involved/how-to-help/plant-a-billion)

Visit or learn about beautiful places and communities impacted -
[Voices for Biodiversity](#) shares the stories of eco-reporters around the world

Live Lightly on the Earth

Empower Women & Girls: [camfed.org](https://www.camfed.org) and [womensglobal.org](https://www.womensglobal.org)

Help Farmers: [carbon8.org.au](https://www.carbon8.org.au)

For retrofit home projects; go electric and take advantage of rebates. [ComEd Marketplace - Get Instant Online Rebates](#)

DRAWDOWN carbon by educating girls. Education shores up resilience and equips girls and women to face the impacts of climate change [drawdown.org/solutions/health-and-education](https://www.drawdown.org/solutions/health-and-education)

Communicate and Learn

whatsyour2040.com/#activate-plan

The Seaweed Solution: whatsyour2040.com/marine-permaculture

Regenerative Agriculture: regrarians.org/about/2040-program
[foodtank.com/news/2018/05/organizations-feeding-healing-world-regenerative-agriculture](https://www.foodtank.com/news/2018/05/organizations-feeding-healing-world-regenerative-agriculture)

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: [oneearthfilmfest.org](https://www.oneearthfilmfest.org)

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Help pass climate justice policies

Pass policies to protect your local environment

Learn where your elected officials stand on key environmental justice issues: [scorecard.lcv.org](https://www.scorecard.lcv.org)

Support invest and divest, donate, sponsor

Connect with Nature

From Filmmaker: **GET OUTDOORS**. Connect with your local environment and local community.

CONNECT WITH NATURE Chicago Adventure Therapy
chicagoadventuretherapy

Incorporate nature in everyday life and educate those who may not know how to start taking action Earth Remedies earths-remedies

Live Lightly on the Earth

Empower Women & Girls: camfed.org and womensglobal.org

DRAWDOWN carbon by educating girls. Education shores up resilience and equips girls and women to face the impacts of climate change drawdown.org/solutions/health-and-education

Communicate and Learn

LEARN: Justice Outside convenes the field around critical issues like cultural relevance, the link between health and outdoor access, as well as building the next generation of environmental advocates. justiceoutside.org

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

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Connect with Nature

(RE) Connect with yourself and the Earth/notice Earth's entities around you (notice the energy transfers) [amrootbuilders](#)

SUPPORT your local farmer's market/CSA

PLANT ground cover wherever you see bare soil

LEARN to build a water filter

Fall in love with Pachamama

Live Lightly on the Earth

To see the kinds of changes we want to see with respect to building kinship with nature, and equity amongst people, we need to fundamentally reassess and transform the way we participate with various facets of living. Start somewhere, pick something, ideally: something you're passionate about. Cicero Community Farm [cicerocommunityfarm.com](#)

DRAWDOWN carbon through [indigenous-peoples-forest-tenure](#), [forest-protection](#), [grassland-protection](#), and [health-and-education](#)

Communicate and Learn

Tell those in your community that they are needed

LEARN the story of the land in which you live, expand your author lists, challenge any energies that seek to deny, hide, erase, remove ancestral knowledge and legacy, be creative and inventive [amrootbuilders](#)

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: [oneearthfilmfest.org](#)

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Support invest and divest, donate, sponsor

Support Indigenous land stewardship, including land-back and rematriation efforts from all native diasporas.

The Sogoarea Te Land Trust [sogoreate-landtrust.org](#)

Chi Nations Council [chinations.org](#)

Connect with Nature

BE WITH NATURE! go outside

RESEARCH how climate change affects your community flooding in your backyard, changing food prices in the local market, extreme weather events, and so on. [Sunrise Movement Ready For 100](#), Sierra Club, Chicago - [Little Village Environmental Justice Organization \(LVEJO\)](#)

Live Lightly on the Earth

FROM FILMMAKER - There is no one top action, we need a rehaul of the way we live with the planet and each other. Electing officials with climate as a top priority helps, as does eating and buying local, but this crisis is an existential one that questions who we are as people.

Encourage city officials to reach out to agencies like the EPA to take advantage of grant programs like Brownfields which revitalize and remediate environmentally hazardous areas. epa.gov/brownfields

Communicate and Learn

GET INVOLVED and join Sunrise, get involved with hub near you: sunrisemovement.org/hubs

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

CONTACT municipal and city officials to make it known that environmental protection is a big issue in your community, something that has the potential to affect elections.

Use Your Voice

REACH OUT to lawmakers and officials to enact political change! Reach out to your local Department of Environmental Quality as well to encourage changes in pollution regulation

PARTICIPATE in public comment sessions of your local Department of Interior office to ensure restoration projects benefit your community. EPA, Local City, DEQ, DOI tceq.texas.gov/

The time for major litigation and impact in environmental law is now youthunstoppable.com

Connect with Nature

BE WITH NATURE! go outside

OBSERVE AND RESPECT the ecosystems in your backyard, community, and region

CLEAN UP THE PLANET one "habit of waste" at a time Habits of Waste (H.O.W.) habitsofwaste.org

DIY LITTER CLEAN UP:
cafeteriaculture.org/diy-data-action-litter-cleanup.html

Live Lightly on the Earth

Shedd Aquarium: Support businesses that are reducing their plastic, like Let's Shedd Plastic restaurants. You can also nominate a restaurant to join the program at www.sheddaquarium.org/plastic

USE REUSABLE bottles, bags, and utensils #breakfreefromplastic
breakfreefromplastic.org/custom-posts/page/2/?bfff_post_type=toolkits

DRAWDOWN carbon by drawdown.org/solutions/bioplastics,
[recycling](http://drawdown.org/solutions/recycling), [coastal-wetland-protection](http://drawdown.org/solutions/coastal-wetland-protection)

Communicate and Learn

LEARN more about the Coalition for Plastic Reduction. Join as a member organization or learn about our restaurant advocacy network.

environmentillinois.org/blogs/blog/ile/coalition-plastic-reduction

FOLLOW AND SUPPORT [Conservation Media Group](http://conservationmedia.org),
greatlakesplasticcleanup.org, Earth Justice www.earthjustice.org

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Environment Illinois: Contact your legislators! Ask them to take action to pass a statewide ban on the most harmful single-use plastics: environmentillinois.webaction.org/p/dia/action

[Plastic Pollution Coalition- Legislative Action Toolkit](http://plasticpollutioncoalition.org/legislative-action-toolkit)

SUPPORT invest and divest, donate, sponsor

Connect with Nature

CONNECT to local places that are dedicated to help the environment.

The Conservation Foundation theconservationfoundation.org

The Southwest Collective: Do not diminish the contributions that POC have had and continue to have regarding involvement with environmental conservation. swcollective.org

Live Lightly on the Earth

SUPPORT Native Lands Stewardship Initiatives
inhabitantsfilm.com/support-native-land-stewardship

DRAWDOWN carbon through [indigenous-peoples-forest-tenure](#), [forest-protection](#), [grassland-protection](#), and [health-and-education](#)

Communicate and Learn

LEARN about Openlands <https://openlands.org/>

LEARN about the lands you inhabit, the history of those lands, and how to actively be part of a better future going forward together.
Native Lands Digital map native-land.ca/

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.

Help pass climate justice policies

Pass policies to protect your local environment

Learn where your elected officials stand on key environmental justice issues: scorecard.lcv.org

Support invest and divest, donate, sponsor

Connect with Nature

Dr Johnson: Self identify

CONNECT to local places that are dedicated to help the environment.

The Conservation Foundation theconservationfoundation.org

Midwest Soaring Foundation: **ATTEND** Spring Equinox Celebration at Churchill Woods in Glen Ellyn on March 20 at 11am
facebook.com/events/260747872898271?ref=newsfeed

Live Lightly on the Earth

SUPPORT Native Lands Stewardship Initiatives
inhabitantsfilm.com/support-native-land-stewardship

CONSERVATION PLANNING Tools and Resources: A Reference for Agricultural Producers:
firstnations.org/publications/conservation-planning-tools-and-resources-a-reference-for-agricultural-producers/

DRAWDOWN carbon through [indigenous-peoples-forest-tenure](#), [forest-protection](#), [grassland-protection](#), and [health-and-education](#)

Communicate and Learn

LEARN about the lands you inhabit, the history of those lands, and how to actively be part of a better future going forward together.
Native Lands Digital map native-land.ca

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

VOTE! * ORGANIZE * WRITE or CALL
Consider climate issues on local, national and global levels.

SUPPORT the next generation of leaders by donating to the Midwest SOARRING Foundation to provide scholarships
midwestsoaring.org/donors.html

SUPPORT NATIVE LAND STEWARDSHIP Page on our website to see how you can donate directly to the communities in the film.
inhabitantsfilm.com/support-native-land-stewardship

Connect with Nature

EAT WILD eatwild.com/products

SUPPORT your local community supported agriculture (CSA) and organic local farmers

IDENTIFY how climate change affects your community flooding in your backyard, changing food prices in the local market, extreme weather events, and so on. [Sunrise Movement Ready For 100](#), Sierra Club, Chicago - [Little Village Environmental Justice Organization \(LVEJO\)](#)

Live Lightly on the Earth

From Director/Producer: **CHANGE YOUR ENERGY SUPPLIER** from fossil fuels to renewables. Greenpeace Energy greenpeace.org/international

Try to **AVOID** using plastic as much as you can.

CONTINUE THE WORK that the four girls in the film have started in their communities girlsforfuture.org/action-programs

DRAWDOWN carbon by educating girls. drawdown.org/solutions/health-and-education

Communicate and Learn

EDUCATE yourself and others

EXAMINE gender biases, be mindful about the earth, think of compassion for animals and other beings. Factory Farming Awareness Coalition ffcoalition.org

READ Beth Terry's book, "Plastic Free: How I kicked the plastic habit and how you can too" myplasticfreelife.com/plasticfreeguide

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

From Director/Producer: **SPEAK UP** and publicly criticize exploitation, nature destruction and fighting for change fridaysforfuture.org

VOTE! * **ORGANIZE** * **WRITE** or **CALL**

Consider climate issues on local, national and global levels.

Vote at the local level and encourage your communities to vote for environmental policies that are equitable

SUPPORT invest and divest, donate, sponsor

Connect with Nature

BE HEALTHY for the environment - bike more, walk more, drive less. Environmental Law & Policy Center elpc.org

CONNECT CLIMATE SOLUTIONS TO PEOPLE Share information about climate change and real climate solutions with your family, friends, and community. Showing that climate solutions are real and improving people's lives helps combat climate disinformation.

Live Lightly on the Earth

ENERGY EFFICIENT Make your home very energy efficient. Environmental Law & Policy Center elpc.org

For retrofit home projects; go electric and take advantage of rebates. [ComEd Marketplace - Get Instant Online Rebates](#)

CHANGE YOUR ENERGY SUPPLIER from fossil fuels to renewables. Greenpeace Energy greenpeace.org/international

DRAWDOWN carbon through [indigenous-peoples-forest-tenure](#), [forest-protection](#), [grassland-protection](#), and [health-and-education](#)

Communicate and Learn

UNDERSTAND UCS' Disinformation Playbook is a good resources for understanding how climate disinformation spreads. ucsusa.org/resources/disinformation-playbook

EDUCATE yourself regarding corporate money and involvement in our daily lives. As You Sow asyousow.org/about-us Open Secrets opensecrets.org

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

GET ACTIVE in local environmental justice campaigns: demonstrate, lobby, share information on social media. oneearth.org | weact.org | sunrisemovement.org

JOIN Divestment Day of Action, Mar16; tweet, email or call. [Tweets for Chicago area residents to Alderpersons](#) | [Divestment Toolkit](#)

CONTACT elected officials to urge them to hold climate polluters and those that spread disinformation liable -- starting with oil companies, media, and social media platforms. Look for actions from many organizations.

Connect with Nature

David Attenborough: "if we make the right decisions at this critical moment, we can safeguard our planet's ecosystems, its extraordinary biodiversity, and all its inhabitants."

DISCOVER the ecosystems and animal species that make our world so amazing. [Voices for Biodiversity](#) shares the stories of eco-reporters around the world

VISIT your local accredited zoo/aquarium or nature center - Association of Zoos and Aquariums www.aza.org

Live Lightly on the Earth

CHOOSE MORE SUSTAINABLE OPTIONS. wildearthallies.org

- Reduce beef consumption, choose free range local beef.
- Reduce food waste to cut the need for agricultural land
- Reduce pollution in factories
- Restore degraded land
- Retrofit buildings
- Curb our use of pesticides
- Regulate fishing

DRAWDOWN carbon by protecting and restoring ecosystems drawdown.org/sectors/land-sinks

Communicate and Learn

STAY ENGAGED and involved!!! Identify groups who are active in biodiversity work and support them.

EDUCATE YOURSELF about products that use palm oil and choose alternatives that don't use palm oil. Become more science literate. Field Museum fieldmuseum.org | Walder Foundation walderfoundation.org/biota-awards

JOIN One Earth's virtual book discussion groups for "All We Can Save," beginning the week of 3/14. Sign up: oneearthfilmfest.org

Use Your Voice

Voice with your SPENDING CHOICES. Alliance for the Great Lakes greatlakes.org

SUPPORT natural history collections, museum- and field-based research and groups that support these efforts (ie. Field museum, Waldorf Foundation, National geographic).

VOTE! * ORGANIZE * WRITE or CALL

Consider climate issues on local, national and global levels.